

# January Lunch Menu

## CCSD146 Elementary

Got Questions?  
 Contact Cheryl Witas @  
 708-614-4500 or email  
[cwitas@district146.org](mailto:cwitas@district146.org)

Daily Lunch \$3.05 served  
 with choice of sides and  
 milk.

GS – Indicates a GLUTEN  
 SAFE Meal, prepared without  
 any wheat, but not guaranteed  
 gluten free.

<p>8 Asian Orange Chicken w/ Brown Rice or All Beef Hot Dog or Yogurt Parfait Lunch  Baby Carrots &amp; Ranch</p>	<p>9 Walking Taco's *GS (Nacho Cheese Doritos) or Mini Maple Pancakes w/ Cheese stick or Turkey Chopped Salad *GS (Croutons and Soft Pretzel Rod on the side) Refried Beans</p>	<p>10 Breakfast Booster Lunch French Toast Sticks w/ Turkey Sausage Links or Cheeseburger or Turkey and Cheese Sandwich  Potato Wedge</p>	<p>11 Chicken Noodle Soup w/ Mini Turkey and Cheese Sub or All Beef Hot Dog or Chicken Bacon Ranch Wrap  Broccoli Florets &amp; Ranch</p>	<p>12 Stuffed Crust Pizza or Chicken Patty Sandwich  Tossed Salad</p>
<p>15 NO SCHOOL  </p>	<p>16 Fiesta Chicken Nachos w/ Cheese Sauce *GS or Mini Maple Pancakes w/ Cheese stick or Turkey Chopped Salad *GS (Croutons and Soft Pretzel Rod on the side) Baby Carrots w/ Ranch</p>	<p>17 Cereal Fun Lunch Trix w/ Cheese Stick, Strawberry Yogurt, and Graham Cracker Bug Bites or Cheeseburger or Turkey and Cheese Sandwich  Celery Sticks w/ Ranch</p>	<p>18 Popcorn Chicken Bowl w/ Dinner Roll or All Beef Hot Dog or Chicken Bacon Ranch Wrap  Corn</p>	<p>19 Bosco Sticks w/ Marinara Sauce or Chicken Patty Sandwich  Broccoli Florets</p>
<p>22 Chicken Nuggets w/ BBQ Sauce &amp; Pretzel Twist or All Beef Hot Dog or Yogurt Parfait Lunch  White Bean Salad</p>	<p>23 Penne Pasta w/ Turkey Meatballs or Mini Maple Pancakes w/ Cheese stick or Turkey Chopped Salad *GS (Croutons and Soft Pretzel Rod on the side) Romaine Salad</p>	<p>24 Chicken Taco's *GS or Cheeseburger or Turkey and Cheese Sandwich  Seasoned Corn</p>	<p>25 Open Faced Roast Turkey Sandwich on Whole Grain Bread or All Beef Hot Dog or Chicken Bacon Ranch Wrap <b>**Carnival Cookie** w/ Lunches</b> Green Beans</p>	<p>26 French Bread Pizza or Chicken Patty Sandwich  Grape Tomatoes</p>
<p>29 Chicken Parmesan Bowl or All Beef Hot Dog or Yogurt Parfait Lunch  Green Beans</p>	<p>30 Corn Dog or Mini Maple Pancakes w/ Cheese stick or Turkey Chopped Salad *GS (Croutons and Soft Pretzel Rod on the side) Romaine Salad</p>	<p>31 Breakfast Booster Lunch Chicken and Waffles or Cheeseburger or Turkey and Cheese Sandwich Potato Wedge</p>	<p style="text-align: center;">— WELCOME —  <b>BACK TO SCHOOL</b></p>	