

# October Lunch Menu CCSD 146 Grades K - 5



Have menu or nutrition related questions?

Contact Michael Weckler Food Service Director

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For account related questions contact

Cheryl Witas

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Daily Lunch \$3.50

We offer two varieties of milk daily

All of the above is served with fruit and vegetables

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability

Menu changes may be necessary at times

	<p>1 <b>Fulton Deli Bar</b> <b>Fierke Deli Bar</b> <b>Memorial Wing Bar</b> Walking Chicken Tacos w/ Cheese Sauce or Mini Maple Pancakes or Garden Chicken Salad (GS)  Seasoned Black Beans</p>	<p>2 <b>Fulton Deli Bar</b> <b>Memorial Deli Bar</b> <b>Kruse Wing Bar</b> Fruit Loops w/ Cheese Stick, Strawberry Yogurt and Graham Cracker Bug Bites or Cheeseburger or Turkey &amp; Cheese Sandwich Broccoli Florets w/ Ranch</p>	<p>3 <b>Fulton Deli Bar</b> <b>Kruse Deli Bar</b> Honey BBQ Chicken Bites w/ Dinner Roll or All Beef Hot Dog or Chicken Caesar Wrap  Red Bell Pepper Strips</p>	<p>4 Stuffed Crust Cheese Pizza or Chicken Patty Sandwich  Tossed Salad</p>
<p>7 <b>Fulton Hot Dog Bar</b> <b>Fierke Hot Dog Bar</b> Rotini Chicken Alfredo or Corn Dog or Yogurt Parfait Lunch  Cucumber Slices w/ Ranch</p>	<p>8 <b>Fulton Deli Bar</b> <b>Fierke Deli Bar</b> <b>Memorial Hot Dog Bar</b> Chicken &amp; Cheese Enchilada or Mini Maple Pancakes or Garden Chicken Salad (GS)  Vegetarian Refried Beans</p>	<p>9 <b>Fulton Deli Bar</b> <b>Memorial Deli Bar</b> <b>Kruse Hot Dog Bar</b> French Toast Sticks w/ Turkey Sausage Links or Cheeseburger or Turkey &amp; Cheese Sandwich Baby Carrots w/ Ranch</p>	<p>10 <b>Fulton Deli Bar</b> <b>Kruse Deli Bar</b> Orange Chicken Bowl or All Beef Hot Dog or Chicken Caesar Wrap  Seasoned Corn</p>	<p>11 French Bread Pizza or Chicken Patty Sandwich  Romaine Salad</p>
<p>14 NO SCHOOL</p>	<p>15 NO SCHOOL</p>	<p>16 <b>Fulton Yogurt Bar</b> <b>Memorial Yogurt Bar</b> <b>Fierke Yogurt Bar</b> Mini Confetti Pancake w/ Strawberry Yogurt &amp; Cheese Stick or Cheeseburger or Turkey &amp; Cheese Sandwich  Baked Curly Fries</p>	<p>17 <b>Fulton Deli Bar</b> <b>Kruse Yogurt Bar</b> Beef Meatball Sub or All Beef Hot Dog or Chicken Caesar Wrap  Baby Carrots w/ Ranch</p>	<p>18 Bosco Sticks w/ Marinara Sauce or Chicken Patty Sandwich  Tossed Salad</p>
<p>21 <b>Fulton Wing Bar</b> <b>Fierke Wing Bar</b> Popcorn Chicken Bowl w/ Dinner Roll or Corn Dog or Yogurt Parfait Lunch  Celery Sticks</p>	<p>22 <b>Fulton Deli Bar</b> <b>Fierke Deli Bar</b> <b>Memorial Wing Bar</b> Turkey Nachos w/ Cheese Sauce or Mini Maple Pancakes or Garden Chicken Salad (GS)  Roasted Black Bean &amp; Corn</p>	<p>23 <b>Fulton Deli Bar</b> <b>Memorial Deli Bar</b> <b>Kruse Wing Bar</b> Turkey Sausage w/ Egg and Cheese Muffin or Cheeseburger or Turkey &amp; Cheese Sandwich  Baby Carrots w/ Ranch</p>	<p>24 <b>Fulton Deli Bar</b> <b>Kruse Deli Bar</b> Turkey Meatloaf w/ Mashed Potatoes &amp; Gravy or All Beef Hot Dog or Chicken Caesar Wrap  Seasoned Green Peas</p>	<p>25 Personal Cheese Pizza or Chicken Patty Sandwich  Romaine Salad</p>
<p>28 <b>Fulton Burger Bar</b> <b>Fierke Burger Bar</b> BBQ Chicken Sandwich or Corn Dog or Yogurt Parfait Lunch  Pickle Chips</p>	<p>29 <b>Fulton Deli Bar</b> <b>Fierke Deli Bar</b> <b>Memorial Burger Bar</b> Turkey Soft Tacos or Mini Maple Pancakes or Garden Chicken Salad (GS) Vegetarian Refried Beans</p>	<p>30 <b>Fulton Deli Bar</b> <b>Memorial Deli Bar</b> <b>Kruse Burger Bar</b> Chicken &amp; Waffles or Cheeseburger or Turkey &amp; Cheese Sandwich Broccoli Florets</p>	<p>31 <b>Fulton Deli Bar</b> <b>Kruse Deli Bar</b> Turkey Stew w/ Dinner Roll or All Beef Hot Dog or Chicken Caesar Wrap Cherry Tomatoes Chocolate Chip Cookie</p>	