
HOME HOSPITAL INSTRUCTION

If your child must spend extended time (more than two weeks but less than six months) at home or in a hospital because of a temporary health problem, you may request home or hospital instruction, with a doctor's prescription. Please contact your child's principal if you believe you may need this service. An evaluation will be conducted and if home or hospital instruction is found to be appropriate, arrangements will be made to teach your child at home or in the hospital.

ILLNESS AT SCHOOL

If a child becomes ill or is injured at school, the school will make all reasonable efforts to notify the parent(s) or the parent designated emergency phone contact about removing the child from school. In the event your child requires emergency medical attention outside of the usual nature, **the school nurse or authorized staff member will call 911 for an ambulance.** School personnel will then notify the parent(s) or guardian with the necessary information.

Please remember the sick child should be kept home and the well child should be in school. A child who has had a fever, vomiting or diarrhea should be kept home and should not return to school until 24 hours after the fever returns to normal and after all symptoms subside. Returning prematurely to school may result in another absence because the child is vulnerable to recurrence of the illness, as well as cross infection from other students who may be in the beginning stages of an illness. A student who sustains a serious illness or injury which requires an absence of more than three days must present a physician's statement in order to be readmitted to school.

Encouraging hand washing and covering coughs will help limit the spread of germs.

REDUCED PHYSICAL ACTIVITY

If a parent wishes to limit a child's physical education and/or recess activity, or have the child excused from these activities, the parent must submit a written request to the school. This should be given to the school nurse. In such cases the activity will be limited for no longer than three days. If a child must not participate in physical education classes and/or recess for medical reasons for more than three days, a note from the physician must be provided, specifying the limitations.

CONCUSSION SIGN-OFF FORM

As part of the Concussion Bill that was recently signed into law, it is now a requirement for every school to have a signed concussion form on file for every student athlete competing at their school

WELLNESS

Student wellness, including good nutrition and physical activity, shall be promoted in the District's educational program, school activities, and meal programs. This policy shall be interpreted consistently with Section 204 of the Child Nutrition and WIC Reauthorization Act of 2004.

Goals for Nutrition Education

The goals for addressing nutrition education include the following:

- ◆ Schools will support and promote good nutrition for students.
- ◆ Schools will foster the positive relationship between good nutrition, physical activity, and the capacity of students to develop and learn.
- ◆ Nutrition education will be part of the District's comprehensive health education curriculum.

